

# January

Monday	Tuesday	Wednesday	Thursday	Friday
	7 Whole grain cinnamon crunch bar with strawberries, juice, and milk.  Chicken Caesar salad with grapes, juice and milk.	8 Whole grain donut with apple, juice and milk.  Cheeseburgers, mashed potato, with Normandy blend.	9 Whole grain French toast sticks, sausage, oranges and milk.  BBQ chicken with tater tots green beans carrot and milk.	10 Whole grain banana bread, fresh fruit, juice and milk.  Baked ziti, broccoli, cauliflower and pepper.
13 Whole grain coco puff, fresh fruit, juice and milk  Chicken tenders, mac and cheese, green beans, juice and milk.	14 Sausage biscuit, fruit, juice, milk  Beef tacos, black beans, yellow rice and pepper.	15 Scramble eggs, bacon, juice and milk.  Chicken and yellow rice, peas, carrots, juice and milk	16 Chocolate chips muffins, fruit, juice and milk.  Steak and cheese hoagies, corn, pepper and chips	17 Whole grain cereal, fruit, juice and milk.  Spaghetti & meatballs, glazed carrots and broccoli, juice and milk
20 <b>NO SCHOOL</b>	21 Cherry strudels, fruit, juice and milk  Baked ziti, garlic bread, broccoli, pepper, juice and milk.	22 Banana bread, fruit, juice and milk.  Hot dog, tater tots, sliced apple, juice and milk.	23 Bacon & eggs, homemade fries, fruit, juice and milk.  Chicken Caesar salad, grapes, juice and milk.	24 Whole grain cereal, watermelon, juice and milk.  Pulled pork, mac & cheese peas and carrot
27 Chocolate chip muffins, fruit, juice and milk  Spaghetti & meatballs, broccoli, cauliflower and pepper.	28 French toast sticks, sausage, juice and milk  Chicken tacos, black beans, rice and corn	29 Whole grain donuts, watermelon, juice and milk  Cheeseburger, curly fries, green beans, juice and milk	30 Banana bread, fruit, juice and milk.  Ham and cheese sandwiches, fruit and salad mix	31 Whole grain cereal, fruit and milk.  Chicken tenders, mashed potato, broccoli, and fruit salad.