



School Menu Secondary
Week # 4 September 8-11
2020-21



Monday	Tuesday	Wednesday	Thursday	Friday
<p>NO School Labor Day</p>	<p>Milk: 8 oz. 1% low-fat FF Chocolate</p> <p>Assorted Juice 100% Assorted Fruit cup</p> <p>WR Apple Muffin Cheese Stick</p>	<p>Milk: 8 oz. 1% low-fat FF Chocolate</p> <p>Assorted Juice 100% Assorted Fruit cup</p> <p>Assorted Cereal graham bear</p>	<p>Milk: 8 oz. 1% low-fat FF Chocolate</p> <p>Assorted Juice 100% Assorted Fruit Cup</p> <p>WG Blueberry Muffin cheeses stick</p>	<p>Milk: 8 oz. 1% low-fat FF Chocolate</p> <p>Assorted Juice 100% Assorted Fruit cup</p> <p>4 oz. Yogurt graham cracker</p>
	<p>BBQ Chicken Leg Yellow Rice Pinto Beans Caribbean Vegetables</p> <p>Fruit Cup</p> <p>Dinner Roll</p> <p>Milk: 8 oz. 1% low-fat FF Chocolate</p>	<p>Marinated Chicken</p> <p>Sautéed Green-red peppers and Zucchini</p> <p>Steamed Wild Rice Mediterranean Chickpeas</p> <p>Fruit Cup</p> <p>Dinner Roll</p> <p>Milk: 8 oz. 1% low-fat FF Chocolate</p>	<p>Chicken Alfredo</p> <p>WG Spaghetti</p> <p>Green Beans Warm Apples</p> <p>Mixed leafy Green Salad Fruit Cup</p> <p>Garlic Bread</p> <p>Milk: 8 oz. 1% low-fat FF Chocolate</p>	<p>Cheeseburger on WG Bun</p> <p>Potato Wedges</p> <p>Street Corn</p> <p>Fruit Cup</p> <p>Lettuce and Tomato</p> <p>Milk: 8 oz. 1% low-fat FF Chocolate</p>