



School Menu Secondary
Week of 9/21-9/25
2020-21



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit Cup Assorted Cereal graham bear | Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit cup WR Apple Muffin Cheese Stick | Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit cup Assorted Cereal graham bear | Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit Cup WG Blueberry Muffin cheeses stick | Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit cup 4 oz. Yogurt graham cracker |
| Pepper steak w/ Grilled Peppers Pasta Broccoli Fruit cup | BBQ Pork Seasoned Rice California mix w/ yellow squash Navy Beans Fruit cup | Chicken Parmesan WG Pasta Green Beans Warm Apples Fruit cup | Chicken Nuggets Seasoned Italian Veggies Potato Wedges WG roll Fruit cup | Hotdog on WG bun Baked Beans Corn Fresh Apple |
| Graham Bears 100 % Juice | Sun Chips 100 % Juice | Cheeze its Cracker 100 % Juice | Pretzels 100 % Juice | Sun Chips 100% juice |