



School Menu Secondary
Week of 10/26-10/30
2020-21



Monday	Tuesday	Wednesday	Thursday	Friday
Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit Cup Assorted Cereal graham bear	Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit cup WR Apple Muffin Cheese Stick	Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit cup Assorted Cereal graham bear	Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit Cup WG Blueberry Muffin cheeses stick	Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit cup 4 oz. Yogurt graham cracker
Beef Stew w/ Vegetable medley Spinach Fruit cup	Chicken Patty Sandwich on WG Bun Black Beans Plantains Fruit cup	Spaghetti w/ Meatball Broccoli Carrots Mixed Salad w/dressing Fruit cup	Cheeseburger on WG Bun Potato smiles California Blend Lettuce and Tomato Fruit cup	Chicken fajita Brown Rice Sweet street Corn Tortilla wrap Fruit cup
Graham Bears 100 % Juice	Sun Chips 100 % Juice	Cheeze it Cracker 100 % Juice	Pretzels 100 % Juice	Sun Chips 100% juice