



School Menu Secondary
Week of 11/9-11/13
2020-21



Monday	Tuesday	Wednesday	Thursday	Friday
Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit Cup Assorted Cereal graham bear	Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit cup WR Apple Muffin Cheese Stick	Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit cup Assorted Cereal graham bear	Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit Cup WG Blueberry Muffin cheeses stick	Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit cup 4 oz. Yogurt graham cracker
Chicken Cutlet Country style gravy Mashed potato Corn Green Beans Fruit Cup	Meatloaf w/ gravy Scalloped potatoes Carrot Coins Fruit Cup	Marinated Chicken Wild Rice Chickpeas Capri Vegetables Fruit Cup	Pork Riblet sandwich On WG Hoagie roll Pinto beans Green Beans Fruit Cup	Chicken Parmesan Pasta California Mix Fruit Warm Pears Fruit Cup
Graham Bears 100 % Juice	Sun Chips 100 % Juice	Cheeze it Cracker 100 % Juice	Pretzels 100 % Juice	Sun Chips 100% juice