



School Menu Secondary
Week of 01/18 - 01/22/2021
2020-21



Monday	Tuesday	Wednesday	Thursday	Friday
Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit Cup Assorted Cereal graham bear	Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit cup WR Apple Muffin Cheese Stick	Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit cup Assorted Cereal graham bear	Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit Cup WG Blueberry Muffin cheeses stick	Milk: 8 oz. 1% low-fat or FF Chocolate Assorted Fruit cup 4 oz. Yogurt graham cracker
Beef Stew w/ Vegetable medley WG Noodles Spinach Fruit cup	Chicken Patty Sandwich on WG Bun Black Beans Plantains Fruit cup	Chicken Parmesan w/ WG spaghetti Warm Apples Green beans Mixed Salad	Cheeseburger on WG Bun Potato smiles California Blend Lettuce and Tomato Fruit cup	Chicken fajita Brown Rice Sweet street Corn Tortilla wrap Fruit cup
Graham Bears 100 % Juice	Sun Chips 100 % Juice	Cheeze it Cracker 100 % Juice	Pretzels 100 % Juice	Sun Chips 100% juice